

THE 'I ♥ VANCOUVER IN THE WINTER' ISSUE

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FEBRUARY 2014

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sweet & sexy

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DAY GIFTS p.29



Chef David Hawksworth
can see you drooling over
his Atlantic lobster.

food & drink

SEXY DISHES p.16 /// ROMANTIC ROOMS p.18



A Love A-Fare



IF THE KEY TO YOUR LOVED ONE'S HEART IS through their stomach, let us show you the way. Four of Vancouver's top chefs - David Hawksworth (Hawksworth), Hidekazu Tojo (Tojo's), Montgomery Lau (MARKET) and Rhonda Viani (West) - share their sexiest dishes for Valentine's Day. Just make sure you leave room for the dessert. At home. *by Michael Small* ▶



Hawksworth

ATLANTIC LOBSTER WITH SPICY KUMQUAT LEMONGRASS VINAIGRETTE, CRUNCHY RICE AND CRESS



WHY SO SEXY?

"Lobster is a real delicacy and it's such a treat to eat. This dish is very textured and tactile; the creamy flesh of the lobster is spiced up with the kumquat lemongrass vinaigrette and it contrasts with the crunchy rice and crisp peas. It's light but satisfying."

LOVE AT FIRST BITE

"The sweet delicate white flesh of the succulent Atlantic lobster is paired with the deep warming heat of the spicy lemongrass, which is tempered by the sweetness of the kumquat and the rustic earthiness of the radish, peas and cress."

THE FOOD/ROMANCE CONNECTION

"There's a lot of love involved in creating a dish. There's the love and respect for the ingredients and also the care that goes into making it. You really feel the love when someone has cooked a meal for you; whether it's celebrating with friends and family or enjoying an intimate dinner."

WHITE WINE PAIRING

Meyer Family Vineyards Okanagan Valley Chardonnay 2012



West Restaurant

PINEAPPLE PAVLOVA WITH COCONUT RICE PUDDING AND PASSION FRUIT ICE CREAM



WHY SO SEXY?

"Passion fruit has a very intoxicating flavour and aroma. The combination of the textures of the fruit and the crispiness of the meringue and then the creaminess of the pudding – it's a little tropical getaway."

LOVE AT FIRST BITE

"The Pavlova is a baked meringue. It's crispy on the outside and then soft on the inside so it really melts in your mouth. The coconut rice pudding is nice and creamy with tropical flavours, the pineapple is roasted and the ice cream is passion fruit coconut. Anything with passion fruit is delicious."

THE FOOD/ROMANCE CONNECTION

"Whenever you think of going out on a date, food always seems to be involved. The combination of flavours and textures makes people feel good."

DESSERT WINE PAIRING

Château d'Armejan des Ormes Sauternes Bordeaux 2008

