

RESTAURANTS | RECIPES | WINES | CULINARY TRAVEL

# EAT & DRINK

Celebrating the Food & Drink  
of British Columbia

## Spring Issue

- \*salt cod
- \*sauvignon blanc
- \*rhubarb
- \*cheese
- \*za'atar
- \*olive oil

**EXCEPTIONAL  
EATS! AWARD WINNERS**

*Salted Caramel-Bourbon Blondies*



### Restaurant of the Year

This restaurant always delivers in service, selection, atmosphere, and execution. It's the best restaurant in the city in every way, every time.

**Brasserie L'ecole (VICTORIA)**  
**Hawksworth (VANCOUVER)**  
**RauDZ Regional Table (OKANAGAN)**

### Restaurant Cooking Local

Best Restaurant Cooking Local: Local = Fresh + Delicious. Who does barn-to-table best and supports our local farms? What restaurant is it?

**Camille's (VICTORIA)**  
**Bishop's (VANCOUVER)**  
**Ricardos Mediterranean Kitchen (OKANAGAN)**

### Best Dish of the Year

You really must try the \_\_\_\_\_ at \_\_\_\_! What dish was so fantastic that you will remember it forever-or at least until next year?

**Crispy smoked chicken with roasted cauliflower, rice, pickles and South East Asian vinaigrette - Relish Food & Coffee (VICTORIA)**

**Qualicum Bay Scallops with caramelized belgian endives, wild rice griddle cake, candied ginger and citrus sauce - Blue Water Cafe (VANCOUVER)**

**Bengali Fish with tangy kasundi mustard sauce with raw mango, chilli, onion and coconut milk - Poppadoms (OKANAGAN)**

### Best Place for Lunch

Lunch as a Delicious Event: Lunch is not only about re-energizing you at midday; it has really come into its own as a dining out experience.

**Relish (VICTORIA)**  
**Meat & Bread (VANCOUVER)**  
**Walla Artisan Bakery & Cafe (OKANAGAN)**

### Dish Under \$10

Best Place to Spend Your Last \$10: You're hungry. You have a ten-dollar bill in your pocket. Where do you go to eat?

**Hernandez Cocina (VICTORIA)**  
**Go Fish (VANCOUVER)**  
**Okanagan Street Food (OKANAGAN)**

### Remotest with the Mostest

Let's head out of the city. I know this amazing little place in the middle of nowhere... Name a great restaurant not in a city that's worth a special trip (keep it close to home, though, no planes).

**Amusé on the Vineyard (VICTORIA)**  
**Miradoro Restaurant at Tinhorn Creek Vineyards (VANCOUVER)**  
**Hillside Winery & Bistro (OKANAGAN)**

### Place For Appys & Cocktails

It's been a long day; fancy an appy and a drink? Or three? Best after-work or late-night place to go for a bite and a drink. Name your favourite establishment.

**Veneto Tapa Lounge (VICTORIA)**  
**Chambar (VANCOUVER)**  
**Local Lounge & Grille (OKANAGAN)**

### Neighbourhood Gem

Everyone's neighborhood should have one: warm and friendly atmosphere, decent food and drinks, and wallet-friendly prices. Which neighbourhood restaurant, bistro, pub, or cafe is your "go-to" for a "walking-to" date night? Name the place and the neighbourhood.

**Stage Wine Bar - Fernwood (VICTORIA)**  
**The Parker - Strathcona (VANCOUVER)**  
**Waterfront Restaurant & Wine Bar - Cultural District Kelowna (OKANAGAN)**

### Guilty Pleasure

Is it a sticky cinnamon bun, a dark pain au chocolat, or a silken crème brûlée? Where do you go to soothe the sweet cravings that call? Please name the item and the restaurant/bakery/cafe/shop.

**Uchida eatery/shokudo (VICTORIA)**  
**Musette Cafe (VANCOUVER)**  
**Saint Germain Cafe Gallery (OKANAGAN)**

### Cat-out-of-the-Bag

There's this little place you go to that no one seems to know about but you and you love it. Name your undiscovered treasure?

**Uchida eatery/shokudo (VICTORIA)**  
**Musette Cafe (VANCOUVER)**  
**Saint Germain Cafe Gallery (OKANAGAN)**

### Great Pizza Pie

The thin-crust, wood-fired pizza parlour invasion continues and we love it. Where do you go to get your slice of heaven?

**Pizzeria Prima Strada (VICTORIA)**  
**Nicli Antica Pizzeria (VANCOUVER)**  
**Bordello's Italian Pizzeria (OKANAGAN)**

### Best Front of House Crew

We've all been there. Left at the front without being greeted. Ignored when we want that glass of wine when the main

course comes. Which restaurant give you the best service and cheers you up no matter how in the weeds the kitchen is?

**Brasserie L'ecole (VICTORIA)**  
**TIE: Hawksworth / Bishop's (VANCOUVER)**  
**Ricardo's Mediterranean Kitchen (OKANAGAN)**

### Place For Healthy Eating

Delicious and Nutritious... Feed me! A meal out can be both delicious and healthy. Tell us where you go when you want to treat both your palate and your body?

**Rebar Modern Food (VICTORIA)**  
**The Acorn (VANCOUVER)**  
**Wild Scallion (OKANAGAN)**

### Best Street Food

The street food scene continues to heat up. Whose stall, cart, pot or truck is worth braving the elements to chow down?

**Red Fish Blue Fish (VICTORIA)**  
**Tacofino (VANCOUVER)**  
**Jeffer's Fryzz (OKANAGAN)**

### Place to Feed a Kid

Praise be to the restaurants and cafes that know how to cater to families with kids. Who makes you welcome when you have children in tow?

**Pizzeria Prima Strada (VICTORIA)**  
**Little Nest (VANCOUVER)**  
**Wild Apple Restaurant (OKANAGAN)**



### Best Place to Buy Local Food

It could be a farm stand, outdoor market or a store. Where do you go to buy your local, fresh and in-season food?

**The Root Cellar (VICTORIA)**  
**Trout Lake Farmers Market (VANCOUVER)**  
**Kelowna & Penticton Farmers Market (OKANAGAN)**

### Best Take-out

Today's Takeout (not your mom's take-away): It's the afternoon and you're thinking about dinner-but you don't feel like cooking tonight. What do you grab on the way home? Think restaurants, delis and food shops -who's got the best gourmet to go?

**The Noodle Box (VICTORIA)**  
**Rangoli (VANCOUVER)**  
**The Bench Artisan Food Market (OKANAGAN)**

### Best Place to Shop for Healthy Food

I'm Health Conscious: They say that you are what you eat. Where do you shop for food that is healthy or based on dietary restrictions?

**Lifestyle Market (VICTORIA)**  
**Whole Foods (VANCOUVER)**  
**Nature's Fare Markets (OKANAGAN)**

### Favourite (Locally Owned) Kitchen Store

Need a chef's knife, tablecloth, pot, candles or coffee grinder? And you're not a fan of big-box shopping. Where do you go to buy it?

**Cook Culture (VICTORIA)**  
**Gourmet Warehouse (VANCOUVER)**  
**Chef's Edge (OKANAGAN)**

### Best Place to Buy Cheese

The Cheesier the Better: Best selection and service of artisanal and farmstead cheese. Where do you go?

**Tie: Hilary's/ Ottavio (VICTORIA)**  
**Les Amis du Fromage (VANCOUVER)**  
**Valoroso Foods (OKANAGAN)**

### Best Local Food or Ingredient

You've got friends and family visiting, and you take pride in BC's food diversity. Okay, maybe you've been known to brag about the largess of this province. What local food, product or ingredient are you sure to introduce them to?

**Vancouver Island Salt | Spot Prawns (VICTORIA)**  
**Kurobuta Pork | Sockeye Salmon (VANCOUVER)**  
**Okanagan Wine (OKANAGAN)**

### Place to Buy Meat

Meat your Maker: Many shops, delis and restaurants are offering house made meats - charcuterie, cold cuts, salami and sausages. Where do you go to fill your sandwich?

**The Whole Beast (VICTORIA)**  
**Oyama Sausage (VANCOUVER)**  
**Mediterranean Market (OKANAGAN)**

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The Driftwood team from left to right: Tim Fukushima, Justine Darnley, Kevin Hearsum, Stefan Johnston, Jason Meyer, Marika Veldink, Gary Lindsay, Nolan Francis.



Driftwood  
Brewery

## BEER OF THE YEAR

Rebecca Williams

### Best Specialty Food Store

You're having a dinner party and you're cooking something special (maybe you've never made it before!) Where do you go to get that "something" that makes the dish special?

Ottavio (VICTORIA)  
Whole Foods (VANCOUVER)  
Urban Fare (OKANAGAN)

### Best Beer Store

Beer Boom IPA, wit, stout, Belgian, porter... Which store has the best craft-beer selection in town?

Cook St Village Liquor (VICTORIA)  
Legacy Liquor Store (VANCOUVER)  
Cannery Brewing Company (OKANAGAN)

### Best Bar

(This) Bar (is) Fly: You belly up to your favourite bar. Slap your credit card down and call out - "Fix me a..." What cocktail sends you into a swoon and where are you?

Barrel-aged Negroni at Clive's (VICTORIA)

French 75 at The Pourhouse

(VANCOUVER)

Amante Picante at RauDZ Regional Table

(OKANAGAN)

### Best Wine Store

You Say Champagne, I say Cremant: You want an excellent selection, a range of prices, and a personable, knowledgeable staff. Best place to drink or buy wine. What's your recommendation?

Everything Wine (VICTORIA)  
Marquis Wine Cellars (VANCOUVER)  
Metro Liquor (OKANAGAN)

### Best Local Winery

You Brought Wine: Impress your out-of-town host with a bottle from a local winery. What would you bring?

Averill Creek Vineyard (VICTORIA)  
Laughing Stock Vineyards (VANCOUVER)  
8th Generation Vineyard (OKANAGAN)

### Best Mocktail

This ain't no Shirley Temple: Cleanse, diet, abstinence? Don't mock this no-alcohol cocktail. Phew, fix me a drink! Name your favourite mocktail and the bar or restaurant where you get it.

Spinnaker's Gastropub (Sparkling Ginger O De Vie) Ginger steeped in Spinnaker's Lifecycles apple cider vinegar, topped with O De Vie sparkling mineral water &

sweetened (VICTORIA)

Hawksworth (Kalamansi Fizz) Pomegranate juice, kalamansi, honey, ginger beer

(VANCOUVER)

Poppadoms (Mango Lassi) Homemade yogurt drink with mango purée

(OKANAGAN)

### Best Local Beverage

Local Beverage of the Year: This local beverage was, in a word, remarkable. Be it wine, beer, cider, spirits, soda, tea, coffee you name it. What really impressed you this year? Tell us what it was and which company made it.

Victoria Gin (VICTORIA)  
Schramm Organic Potato Vodka (VANCOUVER)  
Okanagan Spirits (OKANAGAN)

### Best Place For Coffee

Higher Grounds: We want to know where do you get your bean-juice fix? Name your favourite coffee shop.

Discovery Coffee (VICTORIA)  
49th Parallel (VANCOUVER)  
Tie: Bean Scene / Good Omens (OKANAGAN)

### Beer of the Year

This is My Beer of the Year: Impress your out-of-town host with a bottle of local brewski. Name the local brew that has all the beer needs in a froth?

Driftwood Fat Tug IPA

(VICTORIA)

R&B Brewing Co. Sun God Wheat Ale

(VANCOUVER)

Cannery Brewing Naramata Nut Brown Ale

(OKANAGAN)



### Best Food or Drink Experience of the Year

Gilded Gatherings: Which food or drink event, festival or seminar most excited you this year?

Culinaire (VICTORIA)  
Feast of Fields (VANCOUVER)  
Feast of Fields (OKANAGAN)

### Best People Skills

Did you have an amazing experience at a food shop, store or market this year that made you feel special? Maybe it made you want to tell your friends? Tell us your story and the store.

Charell's Cheese Shop and Delicatessen (VICTORIA)  
Barbara-Jo's Books To Cooks (VANCOUVER)  
Urban Fare (OKANAGAN)

### I Eat, Therefore I Am Social

I Eat, therefore I Pinterest, Tumblr and Instagram and Tweet: Which local food writer, blog, or photog would you follow to the ends of the earth?

EATmagazine.ca (VICTORIA)  
FollowMeFoodie.com (VANCOUVER)  
BettyDish.ca (OKANAGAN)

### Cooking Class or School

Cook Like A Pro: Knife skills 101? Advanced pasta making? Pig butchery? What cooking class really sparked your culinary edification? Please tell us which class and where you took it.

Spices of North Africa (The London Chef) (VICTORIA)  
Ocean Fling: The Ultimate Seafood Class (The Dirty Apron) (VANCOUVER)  
Hester Creek Estate Winery Cooking Classes (OKANAGAN)

### The Next Big Thing

Food fashions come and go. Remember truffle oil on everything? Foam sauces?